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CROWN AND BRIDGE INSTRUCTIONS

CARE OF TEMPORARY CROWN OR BRIDGE

Please avoid chewing hard foods (nuts, popcorn, etc.) and chewing STICKY foods (caramels, gum, etc.). Your temporary is adhered to your tooth with a light dental cement. If it was to loosen or fracture please call our office at your earliest convenience so that we may rectify the problem. Temporaries protect the tooth and maintain its position in relation to the surrounding teeth. NEVER go more than 24 hours without notifying our office if you should have any problem with your temporary crown or bridge.

ANESTHETIC

Please avoid chewing until feeling in your mouth has completely returned. Traumatic injuries can occur by biting your tongue, lips, or cheek. The injection site may feel slightly bruised.

CEMENTATION OF PERMANENT CROWN OR BRIDGE

Please have something to eat prior to your next appointment. You will need to avoid chewing at all for the first three hours after cementation. Avoid drinking extremely HOT or extremely COLD liquids during that initial period. Try to maintain a soft food only diet for the remainder of the day. The initial setting process takes approximately six hours, so please follow the above guidelines as closely as possible to allow the cement to truly set before functioning on the new crown or bridge.

Some thermal (hot and cold) and/or chewing sensitivity is likely to occur for the first few days. Sensitivity will vary with each individual tooth. In some cases sensitivity may continue for up to 4-6 weeks, gradually decreasing. One must understand in all instances that endodontic (root canal) therapy is possible after crown placement. When a tooth has undergone extensive decay, cosmetic reduction, or internal fracture, the pulp (root canal portion) can be irreversibly affected leading to the need for this additional step. Please feel free to contact our office if you have any further questions regarding your treatment.